



Healthy Cooking with Dietitian

**Summer Fiesta Aug 16, 2018
Healthy Indian Cooking Oct 18,
2018**

Time: 12.00 pm to 3:00 pm

What will you learn?

**Learn some quick and easy Summer
cooking**

**Discuss ideas to make a recipe healthier
Try your hands with some Indian Food**

Facilitated by: Dietitian Jabeen Fyazi

**Limited Space available register to save
your sport: Call: 416-847-0283**

Language : English

**Place: Carefirst Onestop Centre
300 Silverstar Boulevard
Teaching Kitchen
Main level Room No 106**

