



Carefirst Seniors & Community Services Association is a non-profit charitable community services agency established since 1976. Our spectrum of services has grown from the delivery of Chinese meals-on-wheels service to a full range of community support services, covering the whole Greater Toronto Area and the York Region.

With a staff of 500 members (including full-time and part-time staff) and the help of a pool of 1,200 active volunteers, we serve over 7,000 clients a year, including seniors and the physically disabled; 1,500 of whom are "home-bound" and frail.

We are currently seeking **Personal Support Workers** to join our Home Care team.

Responsibilities

- Provide personal care that may include but is not limited to: bathing, grooming, skin care, dressing, toileting, lifts/transfers, mobility assistance, assisting at meal time, and other duties in accordance with the individualized client care plan
- Provide emotional support and encouragement to clients and their families in coping with daily demands and at stressful times
- Complete household tasks such as laundry, making the bed, vacuuming, cleaning, dusting and other duties as directed by the supervisor
- Prepare nutritious meals that accommodate specific dietary needs for the client

Requirements

- Graduated from a recognized Personal Support Worker Program or equivalent (e.g. RPN) or is an internationally-trained nurse
- Certification in First Aid/CPR and Food Handling
- Experience in housekeeping duties and preparing light meals
- Sufficient physical ability to assist with client transfers and activities of daily living (i.e., including but not limited to ability to lift approximately 50 lbs, bend, stretch, stand for extended periods of time, climb stairs, reach, twist, sit, walk, and/or run)
- Speaks Cantonese and/or Mandarin
- Possesses a caring attitude, good interpersonal skills, sensitivity to recognize needs of elderly clients and/or clients with physical and/or mental challenges
- Ability to work in the community with minimal supervision
- Available to work shift hours, weekends, and statutory holidays
- Able to work in York Region or Downtown Toronto areas; required to travel within a specific geographic area; willingness to work in remote locations an advantage
- A valid vulnerable sector police record check completed within one year

We are an equal opportunity employers. We are also committed to an environment that is barrier free. If you require accommodation during the hiring process, please inform us in advance to arrange a reasonable and appropriate accommodation.

While we thank all candidates for their interest, only those selected for an interview will be contacted.

Please send your cover letter and résumé to:

The Hiring Committee, Carefirst Seniors & Community Services Association
300 Silver Star Blvd | Scarborough | ON | M1V 0G2
Email: hr@carefirstontario.ca
Fax: (416) 502-2382