



Carefirst Seniors & Community Services Association is a non-profit community services agency. Since 1976, we have provided community support, home and personal health care services in a holistic manner to seniors, individuals with disabilities, and those with medical needs in the Greater Toronto, York, and Mississauga regions.

With a staff of 500 members (including full-time and part-time staff) and the help of a pool of 1,200 active volunteers, we serve over 7,000 clients a year, including seniors and the physically disabled; 1,500 of whom are "home-bound" and frail.

We are currently seeking **Home Helpers** to join our Home Care team.

Responsibilities:

Provide in-home services to clients as per their requests for assistance. Duties include but are not limited to the following:

- Rendering home help services to clients according to service order (e.g. cleaning, organizing, defrosting refrigerator, cleaning stove, sink, counter tops, toilet and bathtub, cleaning windows at reachable/reasonable height, washing, drying and putting away dishes).
- Sweeping, vacuuming, mopping floors. Dusting and wiping furniture.
- Making beds and changing bedsheets.
- Laundry (soaking soiled garments, machine-wash and dry, putting clean laundry away and perform minor mending).
- Meal and snack preparation as needed
- Assisting in preparing grocery list, doing grocery shopping, and putting them away
- Garbage disposal and recycling, green bin where applicable
- Keeping inventory of cleaning supplies
- Take steps to ensure a safe environment for the client and client's family
- Provide emotional support by actively listening to clients

Requirements:

- Experience in housekeeping duties and preparing meals
- Possess a valid Food Handler certificate
- Speak fluent English and a second language that reflects the community, eg. Cantonese, Mandarin
- Possess caring attitude, good interpersonal skills
- Demonstrated good judgement, with the ability to work independently and cooperatively with the Home Care team
- Flexible working hours with availability to work shift hours, evenings, weekends, and statutory holidays
- Must be able to travel from home-to-home on a daily basis to service clients in the York region, Scarborough, Downtown, or Mississauga areas
- A valid vulnerable sector police record check completed within one year

We are committed to an environment that is barrier free. If you require accommodation during the hiring process, please inform us in advance to arrange a reasonable and appropriate accommodation.

While we thank all candidates for their interest, only those selected for an interview will be contacted.

Please send your cover letter and résumé to:

The Hiring Committee, Carefirst Seniors & Community Services Association
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Email: hr@carefirstontario.ca
Fax: (416) 502-2382