



Carefirst Seniors & Community Services Association is a non-profit community services agency. Since 1976, we have provided community support, home and personal health care services in a holistic manner to seniors, individuals with disabilities, and those with medical needs in the Greater Toronto Area, York, and Mississauga regions.

With a staff of 500 members (including full-time and part-time staff) and the help of a pool of 1,200 active volunteers, we serve over 7,000 clients a year, including seniors and the physically disabled; 1,500 of whom are "home-bound" and frail.

To cope with the rapid growth of the Association, we are seeking **Personal Support Worker** to join our Home Care team.

Responsibilities:

- Provide personal care services, including but not limited to: bathing, grooming, skin care, dressing, toileting, lifts/transfers, mobility assistance, assisting at meal time, reminder of medication, etc. in accordance with the individualized client care plan
- Assist with general household chores such as laundry, bed making, vacuuming, cleaning, dusting, wiping furniture, and other such tasks
- Provide emotional support and encouragement to clients and their families in coping with daily demands and during stressful times
- Prepare nutritious meals that accommodate the specific dietary needs of the client
- Pay for providing PSW services: \$18.00 - \$19.00 per hour

Requirements:

- Graduated from a recognized Personal Support Worker Program or equivalent (e.g. RPN), or is an internationally-trained nurse
- Legally entitled to work in Canada
- Certification in First Aid/CPR and Food Handling
- Experience in housekeeping duties and preparing light meals
- Ability to recognize safety issues and follow safe work practices
- Sufficient physical ability to assist with client transfers and activities of daily living (i.e., including but not limited to ability to lift approximately 50 lbs, bend, stretch, stand for extended periods of time, climb stairs, reach, twist, sit, walk, and/or run)
- Ability to speak a second language that reflects the community served, eg. Cantonese, Mandarin
- Possesses a caring attitude, good interpersonal skills, sensitivity to recognize needs of elderly clients and/or clients with physical and/or mental challenges
- Demonstrated good judgement, with the ability to work independently and cooperatively with the Home Care team
- Available to work shift hours, weekends, and statutory holidays
- Must be able to travel home-to-home on a daily basis to service clients in the York region or Downtown areas
- A valid vulnerable sector police record check and medical check completed within one year

We are an equal opportunity employer. We are also committed to an environment that is barrier free. If you require accommodation during the hiring process, please inform us in advance to arrange a reasonable and appropriate accommodation.

While we thank all candidates for their interest, only those selected for an interview will be contacted.

Please send your cover letter and résumé to:

The Hiring Committee, Carefirst Seniors & Community Services Association
300 Silver Star Blvd | Scarborough | ON | M1V 0G2
Email: opsw@carefirstontario.ca Fax: (416) 502-2382