Carefirst

Alzheimer Society TORONTO

Carefirst Seniors and Community Services Association
Community Support Services &
Alzheimer Society of Toronto

Brain Health Workshop Series
Language: Cantonese

Speaker: Bernice Chan

~Public Education Coordinator/ Finding Your Way Coordinator with the Alzheimer Society of Toronto

Content:

1) Overview of Dementia and Alzheimer's disease
2) Brain health
3) " Finding Your Way":
   ~program and Alzheimer Society and resources
4) Supportive Communication

Date: May 14, 21, 28 and June 4, 2019(Consecutive Tuesdays)
Time: 10:00am to 11:30am
Venue: 300 Silver Star Blvd., Scarborough, ON M1V 0G2

Registration & Inquiry
Tel: 416-502-2323 Ext: 6143

Free

Parking Fee $2.00 /day

ACCREDITED WITH EXEMPLARY STANDING ACCREDITATION AGREMENT CANADA

United Way Greater Toronto

保護長者華語熱線服務: 416-502-2321
Chinese Elder Abuse Helpline: 416-502-2321

Carefirst
SENIORS & COMMUNITY SERVICES ASSOCIATION

Alzheimer Society
TORONTO

耆暉會

社區支援服務部主辦 多倫多認知障礙症協會協辦

“腦退化 不用怕”

粵語腦部健康工作坊

主講者: 陳愫恆小姐

~多倫多認知障礙症協會公共教育統籌

內容:

1) 認識何為腦退化症
2) 如何提高腦部健康
3) 「有方有道」計劃,有關認知障礙症協會及資源分享
4) 溝通與照顧

日 期: 二零一九年五月十四日, 二十一日, 二十八日及六月四日 (逢星期二)
時 間: 上午十時正至十一時三十分
地 點: 耆暉會一站式綜合社區服務中心
300 Silver Star Blvd., Scarborough, ON M1V 0G2

咨詢及報名請致電:
416-502-2323 內綫 6143

停車場費: $2.00/日

* 費用全免 *

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