



**Carefirst Seniors & Community Services Association** is a non-profit community services agency. Since 1976, we have provided community support, home and personal health care services in a holistic manner to seniors, individuals with disabilities, and those with medical needs in the Greater Toronto, York, and Mississauga regions.

With a staff of 500 members (including full-time and part-time staff) and the help of a pool of 1,200 active volunteers, we serve over 7,000 clients a year, including seniors and the physically disabled; 1,500 of whom are "home-bound" and frail.

We are currently seeking **Home Helpers** to join our Home Care team.

### **Responsibilities:**

Provide in-home services to clients as per their requests for assistance. Duties include but are not limited to the following:

- Rendering home help services to clients according to service order (e.g. cleaning, organizing, defrosting refrigerator, cleaning stove, sink, counter tops, toilet and bathtub, cleaning windows at reachable/reasonable height, washing, drying and putting away dishes)
- Sweeping, vacuuming, mopping floors. Dusting and wiping furniture
- Making beds and changing bedsheets
- Laundry and ironing (soaking soiled garments, machine-wash and dry, putting clean laundry away and perform minor mending)
- Meal and snack preparation as needed
- Assisting in preparing grocery list, doing grocery shopping, and putting them away
- Garbage disposal and recycling, green bin where applicable

### **Requirements:**

- Experience in housekeeping duties and preparing meals
- Possess a valid Food Handler's certificate
- Speak fluent English and a second language that reflects the community, eg. Cantonese, Mandarin
- Possess caring attitude, good interpersonal skills
- Demonstrated good judgement, with the ability to work independently and cooperatively with the Home Care team
- Flexible working hours with availability to work shift hours, evenings, weekends, and statutory holidays
- Must be able to travel from home-to-home on a daily basis to service clients in the York region, Scarborough, Downtown, or Mississauga areas
- A valid vulnerable sector police record check completed within one year

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We are committed to an environment that is barrier free. If you require accommodation during the hiring process, please inform us in advance to arrange a reasonable and appropriate accommodation.

While we thank all candidates for their interest, only those selected for an interview will be contacted.

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### **Please send your résumé to:**

The Hiring Committee, Carefirst Seniors & Community Services Association  
4/F, 300 Silver Star Blvd | Scarborough | ON | M1V 0G2  
Email: [hr@carefirstontario.ca](mailto:hr@carefirstontario.ca)  
Fax: (416) 502-2382  
Website: [www.carefirstontario.ca](http://www.carefirstontario.ca)