



**Carefirst Seniors & Community Services Association** is a non-profit community services agency. Since 1976, we have provided community support, home and personal health care services in a holistic manner to seniors, individuals with disabilities, and those with medical needs in the Greater Toronto, and York regions.

The **Wellness Club Program** provides exercise & falls prevention classes, social and recreational activities, congregate dining program, educational workshops and community outreach to promote and help the 50+ cohort to stay healthy, active and well-connected with the community. It also paves the way for the retirees to contribute meaningfully to programs as volunteer instructors, speakers and peer leaders. Join Carefirst and work with a team of passionate and dedicated staff members.

We are currently seeking a **Program Worker** to join our Wellness & Community Development team.

#### **Responsibilities:**

- Conduct social, recreational and education activities with groups in the facilities and outreach sites
- Assist with program planning, venue set up, monitoring, reviewing and evaluating of program for continuous quality improvement
- Complete and maintain enrolment and attendance records; compile database and statistics as required
- Maintain a safe environment for program operation

#### **Job Requirements:**

- Post-secondary diploma in Social Services, Gerontology or Activation Therapy
- At least 2 years' experience in a community setting
- Sensitivity to recognize the aging and physical needs of elderly clients
- Good organizational and time management skills
- Possess a caring attitude and excellent interpersonal skills
- High degree of judgment and capacity to maintain confidentiality
- Available to work on evenings and Saturdays
- Proficient computer skills in Microsoft Office and CIMS
- Possess valid Ontario driver's license and a reliable vehicle for work
- Proficiency in English and a second language that reflects the community served, eg. Cantonese, Mandarin
- Current certification in First Aid & CPR and Food Handling
- A valid vulnerable sector police record check completed within one year

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We are committed to an environment that is barrier free. If you require accommodation during the hiring process, please inform us in advance to arrange a reasonable and appropriate accommodation.

While we thank all candidates for their interest, only those selected for an interview will be contacted.

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Please send your cover letter and résumé to:

The Hiring Committee, Carefirst Seniors & Community Services Association  
300 Silver Star Blvd | Scarborough | ON | M1V 0G2  
Email: [hr@carefirstontario.ca](mailto:hr@carefirstontario.ca)  
Fax: (416) 502-2382  
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