



Carefirst Seniors & Community Services Association is a non-profit community services agency. Since 1976, we have provided a range of community support, home, and personal health care services in a holistic manner to seniors, individuals with disabilities, and those with medical needs in the Greater Toronto, and York regions.

The **Carefirst Overnight Respite Care Program** offers temporary, substitute living arrangements or special care in the facility for the frail seniors who are socially isolated and suffer from dementia in order to provide a brief period of relief for the caregivers or family members. Join Carefirst and work with a team of passionate and dedicated health care professionals.

We are currently seeking **Personal Support Workers** to join our Overnight Respite Care Team, located at Richmond Hill.

Responsibilities:

- Provide personal care services including but not limited to bathing, grooming, skin care, dressing, toileting, lifts/transfers, mobility assistance, assisting at meal time, reminder of medication, etc. to meet clients' needs and requests in a courteous and respectful manner
- Perform general household activities such as meal preparation, laundry, bed making, vacuuming, cleaning, dusting, and other tasks assigned by the supervisor
- Assist with program planning and facilitation of program activities for clients
- Document daily care given to clients
- Assess, intervene and report incidents and changes in client status
- Ensure the rooms are clean and free from hazards

Job Requirements:

- Graduated from a recognized Personal Support Worker (PSW) certificate program
- At least 2 years' experience in long term care facilities/hospitals setting
- Current certification in First Aid & CPR and Food Handling
- Sensitivity to adults with needs related to aging, physical and mental health
- Ability to perform client transfers and daily living activities; lift up to 50 lbs, bend, stretch, and stand for extended periods of time
- Physically and mentally able to complete the duties of PSW without restrictions
- Possess a caring attitude and excellent interpersonal skills
- Available to work between 5:00pm - 9:00am (8 -11 hour overnight shifts) including weekends and statutory holidays
- Proficiency in English and a second language that reflects the community served, eg. Cantonese, Mandarin
- A valid vulnerable sector police record check completed within one year

We are committed to an environment that is barrier free. If you require accommodation during the hiring process, please inform us in advance to arrange a reasonable and appropriate accommodation.

While we thank all candidates for their interest, only those selected for an interview will be contacted.

Please send your cover letter and résumé to:

The Hiring Committee, Carefirst Seniors & Community Services Association
300 Silver Star Blvd | Scarborough | ON | M1V 0G2
Email: hr@carefirstontario.ca
Fax: (416) 502-2382
Website: www.carefirstontario.ca