



**Carefirst Community Support Services**

**耆暉會社區支援服務**

**Virtual Education and Information Program**

**January 2024**

**網上資訊平台 二零二四年一月**

**護老系列：長者權益與失智症（粵語）**

## **EA Series: Brain Health vs Dementia (Cantonese)**

### **內容:**

- 如何維持腦部健康
- 失智症人士如何保護自己
- 社區資源

### **Content:**

- **Ways for Brain Health**
- **Tips on how to Protect People with Dementia from Possible Abuse**
- **Community Resources**

**日期: 一月二十六日 (星期五)**

**時間: 上午十時至十一時**

**Date: January 26 (Friday)**

**Time: 10:00am to 11:00am**

**查詢或索取 Zoom ID**

**請致電: 416-646-5108**

**或電郵至: [lisa.chu@carefirstontario.ca](mailto:lisa.chu@carefirstontario.ca)**

**Registration and Zoom ID**

**Please Contact: 416-646-5108**

**or email to: [lisa.chu@carefirstontario.ca](mailto:lisa.chu@carefirstontario.ca)**



**參加者请点击以下网址登入 Join Zoom Meeting**

**[https://us06web.zoom.us/j/82291865959?](https://us06web.zoom.us/j/82291865959?pwd=RGxFU0dxUmpVUmFKOXI1bnk1cVBZZz09)**

**[pwd=RGxFU0dxUmpVUmFKOXI1bnk1cVBZZz09](https://us06web.zoom.us/j/82291865959?pwd=RGxFU0dxUmpVUmFKOXI1bnk1cVBZZz09)**

**会议编号 Meeting ID: 822 9186 5959**

**密码 Passcode: 492848**

**或 OR**

**通过电话加入会议 Dial by your location**

**+1 647 558 0588 Canada**

**+1 647 374 4685 Canada**

**会议编号 Meeting ID: 822 9186 5959**

**密码 Passcode: 492848**



**United Way**  
Greater Toronto