



Carefirst Community Support Services

耆暉會社區支援服務

Virtual Education and Information Program

January 2024

網上資訊平台 二零二四年一月

賀年美食之食得有「營」(粵語)

Food Selection & Safety during Lunar New Year (Cantonese)

內容:

- 食物安全五大要點
(購買, 儲存, 準備, 烹煮及處理剩餘食物)
- 賀年食物安全提示

日期: 一月三十日 (星期二)

時間: 上午十時至十一時

Date: January 30 (Tuesday)

Time: 10:00am to 11:00am

查詢或索取 Zoom ID

請致電: 416-646-5108

或電郵至: mandy.li@carefirstontario.ca

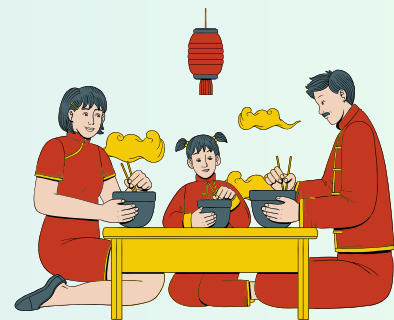
Registration and Zoom ID

Please Contact: 416-646-5108

or email to: mandy.li@carefirstontario.ca

Content:

- **Five Keys of Food Safety
(Purchase, Storage, Preparing,
Cooking, and Proper Handle
Leftover)**
- **New Year Food Safety Tips &
How to Read Food Labels**



參加者請點擊以下網址登入 **Join Zoom Meeting**

[https://us06web.zoom.us/j/81517050153?](https://us06web.zoom.us/j/81517050153?pwd=WVhSSSEorT1RpNTE5SmZEZUwvdHhoQT09)

[pwd=WVhSSSEorT1RpNTE5SmZEZUwvdHhoQT09](https://us06web.zoom.us/j/81517050153?pwd=WVhSSSEorT1RpNTE5SmZEZUwvdHhoQT09)

會議編號 **Meeting ID: 815 1705 0153**

密碼 **Passcode: 232036**

或 **OR**

通過電話加入會議 **Dial by your location**

+1 647 558 0588 Canada

+1 647 374 4685 Canada

會議編號 **Meeting ID: 815 1705 0153**

密碼 **Passcode: 232036**



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Greater Toronto