



Carefirst Seniors & Community Services Association is a non-profit charitable community services agency established since 1976. Our spectrum of services has grown from the delivery of Chinese meals-on-wheels service to a full range of community support services, covering the whole Greater Toronto Area.

With a staff of 500 members (including full-time and part-time staff) and the help of a pool of 850 active volunteers, we serve over 15,000 clients a year, including seniors, adults, youth with physical, social, emotional and health challenges. 3,000 of whom are "home-bound" and frail.

We are currently seeking several **Personal Support Workers (York Region)** to join our Home Care team.

Terms: Full/Part Time Permanent

Location: York Region

Why Join Us?

- **Sign-in bonus*:** Up to **\$3,000** incentive for a 6-month employment commitment
- **Average weekly work hours:** At least **30** hours
- **Comprehensive Benefits:**
 - Dental Care
 - Extended Health Care
 - RRSP match
 - Comprehensive Orientation Program
 - Training and Education Subsidy

Responsibilities:

- Provide personal care that may include but not limited to bathing, grooming, skincare, dressing, toileting, lifts/transfers, mobility assistance, assisting at meal time, and other duties in accordance with the individualized client care plan
- Provide emotional support and encouragement to clients and their families in coping with daily demands and at stressful times
- Complete household tasks such as laundry, making the bed, vacuuming, cleaning, dusting and other duties as directed by the supervisor
- Prepare nutritious meals that accommodate specific dietary needs for the client

Qualifications:

- Graduated from a recognized Personal Support Worker Program or equivalent (e.g. RPN) or is an internationally-trained nurse
- Valid certification in First Aid & CPR, and Food Handling
- **Must be able** to travel from home-to-home on a daily basis to serve clients in the York region
- **Must be able** to provide work availability with no less than 30 hours per week including both weekdays and weekends
- Experience in housekeeping duties and preparing light meals
- Sufficient physical ability to assist with client transfers and activities of daily living (i.e., including but not limited to ability to lift approximately 50 lbs, bend, stretch, stand for extended periods of time, climb stairs, reach, twist, sit, walk, and/or run)
- Possesses a caring attitude, good interpersonal skills, sensitivity to recognize needs of elderly clients and/or clients with physical and/or mental challenges
- Demonstrated good judgement, with the ability to work independently and cooperatively with the Home Care team
- Ability to speak a second language that reflects the community served, e.g. Cantonese, Mandarin, is an asset
- Flexible working hours with availability to work shift hours, evenings, weekends, and statutory holidays
- A valid vulnerable sector police record check and medical check completed within one year
- Valid driver's license and access to a reliable vehicle is an asset

* Terms and conditions apply. Please contact hr@carefirstontario.ca for details.

Carefirst is an equal opportunity employer. We are also committed to an environment that is barrier free. If you require accommodation during the hiring process, please inform us in advance to arrange a reasonable and appropriate accommodation.

While we thank all candidates for their interest, only those selected for an interview will be contacted.