



# Referral for Carefirst Services

Date Received

Please Fax To: 416 – 649-0014  
Carefirst Seniors & Community Services Association  
Carefirst Scarborough Health Management Centre  
Phone: 416-649-1212

### Please check that applies:

#### A) Health Promotion and Chronic Disease Management Program(S):

- GAIN (Geriatric Assessment and Intervention Network) \*
- Community Cardiovascular Rehab Program \*
- DEP (Diabetic Education Program) \*
- Community COPD Rehab Program \*
- Mindfulness Pain Management Program \*
- Weight Management Program

*\*Additional Family Physician Referral Form is required*

#### B) Community Support Service(S):

- |   |   |
|---|---|
| <input type="checkbox"/> Home Care / Home Help  | <input type="checkbox"/> Transportation               |
| <input type="checkbox"/> Adult Day Program  | <input type="checkbox"/> Case Management              |
| <input type="checkbox"/> Exercises and Falls Prevention Program   | <input type="checkbox"/> Chinese Bereavement Services |
| <input type="checkbox"/> Friendly Visiting  | <input type="checkbox"/> Social / Wellness Program    |
| <input type="checkbox"/> Caregiver Support Group (Individuals with Renal / Alzheimer's / Stroke conditions) |   |

(Cost may apply to some services)

PATIENT NAME: \_\_\_\_\_ Date of Birth (D/M/Y): \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_ Postal Code: \_\_\_\_\_

Phone: (Res.): \_\_\_\_\_ (Alternate): \_\_\_\_\_

Contact Person: \_\_\_\_\_ Relationship to Patient: \_\_\_\_\_

Phone: (Res.) \_\_\_\_\_ (Other): \_\_\_\_\_

Language:  English  Other, Specify \_\_\_\_\_

\_\_\_\_\_  
Name of Referring Physician: (please print)

\_\_\_\_\_  
Signature

\_\_\_\_\_  
Phone Number

\_\_\_\_\_  
Fax Number

\_\_\_\_\_  
Date