Carefirst Seniors & Community Services Association

Youth Leadership & Volunteer Development

VOLUNTEER TRAINING
義工培訓

We are offering the following trainings to enhance our volunteers' skills and knowledge.
A certificate of completion will be issued to the volunteers who have completed 3 or more trainings.

1. Dementia 101 and Aging Simulation

(by Alzheimer Society of Toronto)

Overview of dementia (signs and symptoms), changes to the sensory system due to aging, identify supportive strategies to use when working with older adults, role play activities, etc.

Thu, June 27, 10am - 12pm ***Free***

2. Understanding Behaviours and Communication

(by Alzheimer Society of Toronto)

Changes in communication and behaviour that occur in people with dementia, strategies to communicate and support the individual using a person-centred approach.

Thu, Aug 8, 10am - 12pm ***Free***

3. Transfer Skills

Independent/one-on-one transfer, proper use of assistive devices (walker, cane, wheel chairs, etc.) ***Free***

Wed, Aug 28 or Sat, Oct 5, 9:30am - 11am

4. Infection Prevention & Control

Proper hand hygiene, proper use of gloves and mask; flu; common vaccinations, etc. ***Free***

Wed, Aug 28 or Sat, Oct 5, 11am - 12:30pm

5. First Aid and Emergency Management Workshop

Choking, burn, bleeding, wound care, stroke, heart attack, scene survey, CPR/AED, etc. ***$15****

Sat, Sep 28, 1pm - 4pm

*** includes reference book and training materials**

Training Location: Carefirst One-Stop Multi-Services Centre (300 Silver Star Blvd. Scarborough M1V 0G2)
培訓地點：耆暉會一站式綜合服務中心

Training will be conducted in English. Pre-registration is required.
Please register through www.carefirstontario.eventbrite.com
培訓課程以英文進行；需提前登記 。

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United Way Greater Toronto