



Carefirst Seniors & Community Services Association is a non-profit community services agency. Since 1976, we have provided community support, home and personal health care services in a holistic manner to seniors, individuals with disabilities, and those with medical needs in the Greater Toronto, York, and Mississauga regions.

With a staff of 500 members (including full-time and part-time staff) and the help of a pool of 850 active volunteers, we serve over 15,000 clients a year, including seniors and the physically disabled; 3,000 of whom are "home-bound" and frail.

We are currently seeking **Home Helpers / Cleaners** to join our Home Care team.

Responsibilities:

Provide in-home services to clients as per their requests for assistance. Duties include but are not limited to the following:

- Rendering home help services to clients according to service order (e.g. cleaning, organizing, defrosting refrigerator, cleaning stove, sink, counter tops, toilet and bathtub, cleaning windows at reachable/reasonable height, washing, drying and putting away dishes)
- Sweeping, vacuuming, mopping floors. Dusting and wiping furniture
- Making beds and changing bedsheets
- Laundry and ironing (soaking soiled garments, machine-wash and dry, putting clean laundry away and perform minor mending)
- Meal and snack preparation as needed
- Assisting in preparing grocery list, doing grocery shopping, and putting them away
- Garbage disposal and recycling, green bin where applicable

Requirements:

- Experience in housekeeping duties and preparing meals
- Possess a valid Food Handler's certificate
- Speak fluent English and a second language that reflects the community, eg. Cantonese, Mandarin, is an asset
- Possess caring attitude, good interpersonal skills
- Demonstrated good judgement, with the ability to work independently and cooperatively with the Home Care team
- Flexible working hours with availability to work shift hours, evenings, weekends, and statutory holidays
- Must be able to travel from home-to-home on a daily basis to service clients in the York Region, Scarborough, and Downtown Toronto areas
- A valid vulnerable sector police record check completed within one year

Please send your résumé to:

Carefirst Seniors & Community Services Association
300 Silver Star Blvd | Scarborough | ON | M1V 0G2
Email: hr@carefirstontario.ca
Telephone: (416) 847-6005

Carefirst is committed to an environment that is barrier free. If you require accommodation during the hiring process, please inform us in advance to arrange a reasonable and appropriate accommodation.

While we thank all candidates for their interest, only those selected for an interview will be contacted.



耆暉會為一非牟利慈善社會服務機構，自一九七六年起服務大多市社區及長者。現時服務範圍覆蓋整個大多倫多地區，包括約克區及密西沙加市，為社區提供全面社區支援服務。

耆暉會現有 500 名以上員工（包括全職及兼職）及超過 1,200 名義工，為社區內 6,500 名有需要人士提供支援服務。

我們現正招聘 **家務助理**。

職責：

根據客戶要求，為客戶提供家居服務。工作範圍包括但不限於以下各項：

- 根據合約內容為客戶提供家居支援服務
- 掃地、吸塵、抹地。擦拭家具
- 備餐、清洗餐具、清潔廚房桌面及洗碗盤
- 清潔浴室
- 更換及整理床鋪
- 洗熨
- 協助購買少量日用品
- 處理垃圾、藍/綠色回收箱

入職要求：

- 具清潔打掃家務經驗，能處理膳食
- 擁有有效的食品安全 / 處理證書
- 能操流利廣東話、國語及英語
- 有關顧他人的愛心及良好溝通技巧
- 工作時間具靈活性，可輪班工作，包括週末和假期
- 願意到不同地區為客戶提供家居服務 (士嘉堡, 多倫多市, 或約克區)
- 需提供有效無犯罪紀錄

有意者請將簡歷寄往：

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耆暉會致力建造一個包容及無障礙的工作環境，如需協助，請提出。我們感謝所有職位申請者，如被安排面試，我們會與你聯繫。