

As we enter stage 3 in the province of Ontario, we would like to provide you with a couple of important updates.

### **Vaccination**

We would like to thank each of you who has completed the two dose Covid-19 vaccination process. If you would like to access your vaccination record you can go to [Ontario COVID-19 vaccination service \(ontariohealth.ca\)](https://www.ontariohealth.ca) and enter your health card number or call 1-833-943-3900. Our office is not able to provide this record at this time.

If you have NOT yet received your first or second dose, click [here](#) to book an appointment in Toronto, click [here](#) to book an appointment in York or call the Carefirst hotline at 416-646-5108 for booking assistance. We strongly encourage each and every one of our patients, ages 12 and up, to be vaccinated against the Covid-19 virus. If you have any concerns about getting the vaccine, please book an appointment with your doctor to discuss further.

The Public Health Agency of Canada has published the many benefits of vaccination. For patients who have previously been infected with the Covid-19 virus, our team strongly encourages you to be vaccinated if you have not yet had the opportunity.

### **In-person Appointments**

Although our clinic doors have never closed, we know that some of you cannot fully benefit from virtual care (telephone and video visits). While virtual care will continue to be an option, in-person appointments will be booked when medically appropriate.

You may call to book an in-person appointment with your physician to address your medical needs such as updating breast/colon/cervical cancer screening, blood pressure and diabetic foot screens as well as immunizations other than Covid-19 vaccines.

Even though Covid-19 case numbers are down and vaccination rates are rising, our infection prevention and control measures remain the same while in the office. Indoor masking remains mandatory and social distancing is still in effect when possible. There is a mandatory screening process for all in-person appointments that will continued to be followed in order to keep our staff and patients safe.

Wishing you continued good health and a safe and enjoyable summer.

Your Carefirst Family Health Team.