



Weight Management Referral

**This program is open for adults 18 years and older, with BMI of 27 or higher.*

Exceptions: Eating disorders, alcohol abuse, active suicidal ideation, within 1 year of post bariatric surgery.

Fax referral to Diabetes Education Center at Markham Stouffville Hospital at 905-472-7533

If this section is selected, would you like diabetes services provided for the selected patient as well? Yes No

Please select one of the following locations for diabetes education management

Adult Diabetes Education Centre
Fax: 905-472-7533
Tel: 905-472-7527
(Type 1, Type 2 & Prediabetes)

Carefirst Diabetes Education Program
Fax: 905-695-0826
Tel: 905-695-1140
(Type 2, Prediabetes & At-risk)

Name:		Gender: <input type="checkbox"/> M <input type="checkbox"/> F		DOB (dd/mm/yyyy)	
Address:		Hm. Phone #		Wk. Phone #	
City:		Postal code:		Health Card #	
Referring MD:		Referring MD Signature:		Phone #:	
				Fax #:	

Obesity

Overweight (BMI >27) Obesity Class II (BMI 35 - 39.9)
 Obesity Class I (BMI 30 - 34.9) Obesity Class III (BMI greater than 40)
 Exercise restrictions Yes No - Comment: _____

Type of Diabetes

Type 1 (at Markham site only) Prediabetes (Impaired Glucose Tolerance)
 Type 2 At risk (at Carefirst site only)
 Date of Diagnosis: _____

Health History

See attached Neuropathy Dyslipidemia
 Cardiac Hx _____ Retinopathy Foot/Skin Problems
 Vascular disease Nephropathy Obesity
 Hypertension Mental Health Concerns Exercise Restrictions
 Other _____

Allergies: NKA

Lab Data (within the last 3 months) See attached

Date	FBG/RBG	HbA1C	CHOL	HDL	LDL	TRIG	Creatinine	Microalbumin/Creatinine Ratio

Current Diabetic Medications / Dose / Timing:

Oral Hypoglycemic Agents:

Insulin:

Other Medications:

