

Are You Thinking of Quitting Smoking? The STOP with Youth And Young Adults (STOP-YAYA) Program Can Help!

The STOP-YAYA Program is an online research program from the Centre for Addiction and Mental Health (CAMH) designed to help youth and young adults attempt to quit smoking.

**This program provides
two weeks of free NRT patches
to help participants
attempt to quit smoking**

You may be eligible to participate if you:

- o Live in Ontario
- o Are between the ages of 18 and 29 years old
- o Meet other specific eligibility criteria

This program is supported by the CAMH Smoking Treatment for Ontario Patients (STOP) Program.

For more information about programs and services at CAMH, please visit www.camh.ca or call 416-535-8501 (or 1-800-463-6273)



**To learn more about the
program and to enroll,
please visit:**

www.stopstudy.ca