



Carefirst Seniors &
Community Services Association

Personal Care Aide Training Program

A 12-week program aims at teaching skills to participants to provide effective care to individuals of all ages and abilities who require assistance in their daily activities AND to prepare participants for employment

***** Kindly note that this is not the same as Personal Support Worker program**

WHEN Starting Feb/Mar 2024 (12 weeks)
Time: 9:00am-1:00pm (Monday to Friday)
WHERE Both virtual and in person
Carefirst One-Stop Multi-Services Centre
300 Silver Star Blvd. Scarborough

A Personal Care Aide is a trained front-line worker who assists clients of all ages and abilities in their daily activities such as light housekeeping, doing laundry, companionship, meals/snacks preparation, assisting clients in eating

Admission requirements

- ◆ Adults, at least 18-year old, referred by Ontario Works
- ◆ Completed 2 doses of COVID vaccine
- ◆ Pass a Screening interview
- ◆ Pass Vulnerable section screening
- ◆ A negative 2-step Mantoux(skin) test for Tuberculosis, and flu shot administered during flu season
- ◆ Can work legally in Canada or have a work permit

Program includes: (Medium of instruction: English)

Theory module 7-week

Role of PCA & legislation; individuality; communication & terminology; safety & risk management; effects of physical & mental conditions on mobility; hygiene; first aid & CPR training; abuse; dementia care; food handler certification; management of household & meal preparation; palliative care/grieving; technology & job search training

PCA enrichment training 2-week

Various mental health, cognitive impairment & health issues, such as Alzheimer disease, obsessive compulsive disease, the body: diabetes, heart & strokes, stress handling, will be taught and discussed. Good knowledge to have as a caregiver.

Field placement 3-week, 75 hrs

Provide participants the opportunity to apply newfound skills in real-life situations & in working environment, enhance participants' confidence to explore future career opportunities

BENEFITS: ~

- * INDIVIDUAL CAREER PLAN
- * 6-month POST PROGRAM TRANSITIONAL SUPPORT, including writing resume, practicing interview skills, job search support....
- * CAREER OPPORTUNITIES: trained PCAs are ready to be employed in nursing homes, community home care agencies, retirement homes, private homes

Graduate students will
receive certifications on

- * Personal Care Aide
- * First Aid & CPR
- * Food Handler

Information & Registration

Phone (416)847-2767
E-mail training@carefirstontario.ca

Funded by:

Toronto
Employment & Social Services