

Cost-Free Tobacco Intervention Services in York Region

ASK about tobacco use at every opportunity

ADVISE all tobacco users to quit

ARRANGE referral

COMMUNITY HEALTH CARE PROVIDERS

Clients receive up to 26 weeks of cost-free nicotine replacement therapy (NRT) and counselling.

FOR ANY ADULTS IN ONTARIO

Vaughan Community Health Centre:
905-303-8490 ext. 2

FOR ROSTERED CLIENTS ONLY

Georgina Nurse Practitioner Led Clinic
Southlake Family Health Team
Aurora-Newmarket Family Health Team
Markham Family Health Team
Health For All Family Health Team (Markham)
Carefirst Family Health Team (Richmond Hill)
Woodbridge Family Health Team
Addiction Services for York Region

OTHER COST-FREE YORK REGION TOBACCO INTERVENTION SERVICES



STOP on the Road

Clients 18 years and older can attend a one-time group workshop to receive five weeks of cost-free NRT. Call York Region Public Health to register
1-877-464-9675 ext. 73052



Tobacco Addiction Recovery Program (TARP)

Clients 18 and older with a mental health diagnosis can access a 10-12 week group program including cost-free NRT run four times per year. Register by calling 905-967-0357 ext. 245



York Region Public Health

Contact to learn more about new and upcoming services and receive NRT coupons. Call **1-877-464-9675 ext. 73052** or visit york.ca/tobacco

OTHER WAYS TO ACCESS TOBACCO INTERVENTION SERVICES

Clients Receiving Ontario Drug Benefit (ODB)

A 12 week course of Champix or Zyban is covered by ODB once every 12 months and can be prescribed by a physician, pharmacist or nurse practitioner.

Private Health Insurance

Clients can call to find out whether smoking cessation medications are covered

Leave the Pack Behind

Clients between the ages of 18-29 years of age can access cost-free nicotine replacement therapy and contests at leavethepackbehind.org

First Nation and Inuit Clients

NRT: Up to 3 cost-free treatment courses in a 12 month period
Champix: Up to 165 cost-free tablets in 12 mos
Zyban: Up to 180 cost-free tablets in 12 mos

Any person can be referred to Smokers' Helpline for a variety of tools and support:

Call: 1-877-513-5333 | **Text:** iQUIT to 123456 | **Fax:** 1-877-513-5334 | smokershelpline.ca

Created by York Region Public Health. To order more copies of this resource call 1-877-464-9675 x 73052