

Cholesterol Workshop

Carefirst Family Health Team is holding a virtual group session for the general public to learn more about cholesterol.

What you will learn:

Cholesterol

Introduction to Coronary Heart Disease

Symptom

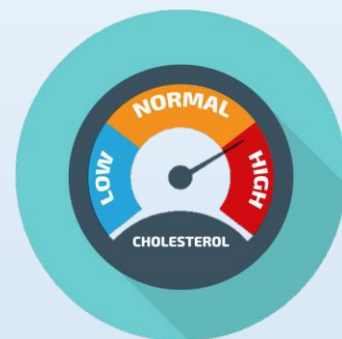
Responses

Cardiovascular disease

Risk factors

Treatment

Prevention



Date / Time: February 15, 2024 11am-1pm

Language: Cantonese

Speakers: Registered Nurse and Registered Dietitian

The session is open to all interested clients and community members

We will be using Zoom Meeting, please join from your computer/smartphone

<https://us06web.zoom.us/j/88956380584>

Meeting ID: 889 5638 0584

Or

Dial by your location: +16475580588/+16473744685

Meeting ID: 88956380584#