



Carefirst Seniors & Community Services Association is a non-profit charitable community services agency established since 1976. Our spectrum of services has grown from the delivery of Chinese meals-on-wheels service to a full range of community support services, covering the whole Greater Toronto Area.

With a staff of 500 members (including full-time and part-time staff) and the help of a pool of 850 active volunteers, we serve over 15,000 clients a year, including seniors, adults, youth with physical, social, emotional and health challenges. 3,000 of whom are "home-bound" and frail.

We are currently seeking a **Home Helper** to join our Home Care team.

Terms: Casual

Responsibilities:

Provide in-home services to clients as per their requests for assistance. Duties include but are not limited to the following:

- Rendering home help services to clients according to service order (e.g. cleaning, organizing, defrosting refrigerator, cleaning stove, sink, counter tops, toilet and bathtub, cleaning windows at reachable/reasonable height, washing, drying and putting away dishes)
- Sweeping, vacuuming, mopping floors. Dusting and wiping furniture
- Making beds and changing bedsheets
- Laundry and ironing (soaking soiled garments, machine-wash and dry, putting clean laundry away and perform minor mending)
- Meal and snack preparation as needed
- Assisting in preparing grocery list, doing grocery shopping, and putting them away
- Garbage disposal and recycling, green bin where applicable

Requirements:

- Experience in housekeeping duties and preparing meals
- Possess a valid Food Handler's certificate
- Possess caring attitude, good interpersonal skills
- Demonstrated good judgement, with the ability to work independently and cooperatively with the Home Care team
- Flexible working hours with availability to work shift hours, evenings, weekends, and statutory holidays
- Must be able to travel from home-to-home on a daily basis to service clients in the York Region, Scarborough, and Downtown Toronto areas
- Ability to speak a language that reflects the community served, eg. Cantonese, Mandarin, is an asset
- A valid vulnerable sector police record check completed within one year
- Valid driver's license and access to a reliable vehicle is an asset

Wage: \$19 per hour

Benefits:

- Comprehensive Orientation Program

Carefirst is an equal opportunity employer. We are also committed to an environment that is barrier free. If you require accommodation during the hiring process, please inform us in advance to arrange a reasonable and appropriate accommodation.

While we thank all candidates for their interest, only those selected for an interview will be contacted.