

CAREFIRST FAMILY HEALTH TEAM

# ZOOM WEBINARS FOR PARENTS

MARCH 28 - APRIL 18

March 28

## Emotion management and parent child relationship

Facilitate parents to recognize emotion and coping strategies 協助家長認識情緒的意義與調適方法

April 4

## Important of Boardgame 桌遊

Introduction of board games to sharpen social skill, enhance parent child relationship 桌遊教養孩子促進親子關係

April 11

## Play Therapy 遊戲治療 1

how play therapy improve the parent-child relationships 遊戲治療如何促進親子關係

April 18

## Play Therapy 遊戲治療 2

how play therapy improve the parent-child relationships 遊戲治療如何促進親子關係

FREE EVENT

Time: 10:00-11:00 a.m

Language 語言: Cantonese 粵語

For more information 查詢 +905-695-1153