



# Carefirst Wellness Club

## 耆暉會 耆康社

In-person 實體



300 Silver Star Blvd. Scarborough

### DIY Cooking 樂活煮意

Monday 1:30pm - 3:30pm

Instructor 導師: Wendy Au



**WEL24154 Jul 8 \$28**

Green Tea Mousse Cake + Sandust Pudding

綠茶慕絲蛋糕 + 木糠布甸

**WEL24155 Aug 12 \$28**

Gluten Rice-Stir Fried Chicken + Red Bean Paste Sago

糯米釀全雞 + 豆沙西米羹

**WEL24156 Sep 9 \$28**

Mini Mooncake + Green Bean Paste

迷你月餅 + 綠豆蓉製法

Online Registration 網上報名  [Register](#)

Enquiries查詢:

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