

耆暉會社區支援服務部

Carefirst Community Support Services

Carers天地(廣東話)

Caregivers Support Services (Cantonese)



讓我們

"動起來吧"

打造更健康的身體,更敏銳的頭腦

"Let's Get Up"!

For Better Health & Sharper Minds

優先取錄 Priority given to

患上認知障礙症的照顧者和家人 Caregivers and their loved ones

with dementia or memory loss

活動內容: 運動和遊戲

Content: Exercises and Fun Games



2024年6月28日(星期五)

June 28 2024(Friday)

300 Silver Star Blvd, Scarborough, M1V OG2 Auditorium 禮堂

下午3時至4時半 15:00 - 16:30

報名或查詢

Registration and Inquiry 416-646-5108









全日泊車 **◆**Parking Fee



