



Carefirst Seniors & Community Support Service
耆暉會社區支援服務

歡迎55歲以上人士參加
費用全免
Welcome 55+ Adult to Join
Free of Charge

數碼化世代： “知多啲，係醒啲”

敬老護老互助小組(廣東話)

Elder Abuse Education Program - Digital Era: Be Smarter to Know More (Cantonese)

活動地點：耆暉會一站式綜合社區服務中心

Location: 300 Silver Star Blvd

日期：六月七日至七月十二日(逢星期五) 下午二時至三時半

Date/Time: June 6 to July 12 (Every Friday) at 2:00 to 3:30 pm

報名及查詢請致電

Registration : 416-847-0292

電郵至 or

Email: jeff.lai@carefirstontario.ca

名額有限額滿即止
First Come
First Serve

六月七日
June 7

活出「精彩」「祥和」人生
Your "Right", Your "Life"

六月十四日
June 14

“老唔惱”—數碼化生活
Ready for Digital Age

六月二十一日
June 21

誰偷取我的財產:網上騙案
Who Steal My Money:
Common IT Frauds

六月二十八日
June 28

用手機?其實唔難!!
Ways to Master Your Mobile
Phone

七月五日
July 5

“一票通”走天涯
Know Your Local Transportation-
"One Fare" Program

七月十二日
July 12

社區騙案：天天都多
Knowing Your Community -
Frauds in Toronto

