

Carefirst Community Support Services

耆暉會社區支援服務

Virtual Education and Information Program

August 2024

網上資訊平台 二零二四年八月

護老系列: 做個喜樂獨居長者 (粵語)

EA Series: Tips on How to Lead a Safe & Enjoyable Life (Cantonese)

內容:

- 獨居長者安全知識
- 減少孤獨感
- 享受現在

Content:

- Safety Tips
- Ways to Reduce Loneliness
- How to Enjoy Life

日期: 八月二日 (星期五)

時間: 上午十時至十一時

Date: August 2 (Friday)

Time: 10:00am to 11:00am

查詢或索取 Zoom ID

請致電: 416-646-5108

或電郵至: michelle.poon@carefirstontario.ca

Registration and Zoom ID

Please Contact: 416-646-5108

or email to: michelle.poon@carefirstontario.ca



參加者请点击以下网址登入 Join Zoom Meeting
<https://us06web.zoom.us/j/89863556634?pwd=j7hSTZCMj3HhI4NYeMwkDiEubieGbC.1>

会议编号 Meeting ID: 898 6355 6634

密码 Passcode: 1051

或 OR

通过电话加入会议 Dial by your location

+1 647 558 0588 Canada

+1 647 374 4685 Canada

会议编号 Meeting ID: 898 6355 6634

密码 Passcode: 1051

