

Carefirst Community Support Services

耆暉會社區支援服務

Virtual Education and Information Program

August 2024

網上資訊平台 二零二四年八月

護老系列: 郊遊樂, 你準備好嗎? (粵語)

EA: Falls Prevention for Outdoor Activities (Cantonese)

內容:

- 旅行模式
- 戶外活動安全貼士
- 預防詐騙

Content:

- Various Travel Styles
- Safety Tips for Outdoor Activities
- Protecting from Frauds

日期: 八月十六日 (星期五)

時間: 上午十時至十一時

Date: August 16 (Friday)

Time: 10:00am to 11:00am

查詢或索取 Zoom ID

請致電: 416-646-5108

或電郵至: michelle.poon@carefirstontario.ca

Registration and Zoom ID

Please Contact: 416-646-5108

or email to: michelle.poon@carefirstontario.ca



參加者请点击以下网址登入 **Join Zoom Meeting**
[https://us06web.zoom.us/j/89863556634?](https://us06web.zoom.us/j/89863556634?pwd=j7hSTZCMj3HhI4NYeMwkDiEUbieGbC.1)
[pwd=j7hSTZCMj3HhI4NYeMwkDiEUbieGbC.1](https://us06web.zoom.us/j/89863556634?pwd=j7hSTZCMj3HhI4NYeMwkDiEUbieGbC.1)

会议编号 Meeting ID: 898 6355 6634

密码 Passcode: 1051

或 OR

通过电话加入会议 Dial by your location

+1 647 558 0588 Canada

+1 647 374 4685 Canada

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密码 Passcode: 1051

