

Carefirst Community Support Services

耆暉會社區支援服務

Virtual Education and Information Program

August 2024

網上資訊平台 二零二四年八月

食物安全 (粵語)

Food Safety in Summer
(Cantonese)

內容:

- 食物安全金字塔 - 購物, 儲存, 配製, 烹煮及處理廚餘
- 夏季注意事項

Content:

- Five Keys of Food Safety - Purchase, Storage, Preparing, Cooking, and Handling Leftover Efficiently
- Tips for Food Safety in Summer

日期: 八月二十日 (星期二)

時間: 上午十時至十一時

Date: August 20 (Tuesday)

Time: 10:00am to 11:00am

查詢或索取 Zoom ID

請致電: 416-646-5108

或電郵至: mandy.li@carefirstontario.ca

Registration and Zoom ID

Please Contact: 416-646-5108

or email to: mandy.li@carefirstontario.ca



參加者请点击以下网址登入 Join Zoom Meeting
<https://us06web.zoom.us/j/89863556634?pwd=j7hSTZCMj3HhI4NYeMwkDiEUBieGbC.1>

会议编号 Meeting ID: 898 6355 6634

密码 Passcode: 1051

或 OR

通过电话加入会议 Dial by your location

+1 647 558 0588 Canada

+1 647 374 4685 Canada

会议编号 Meeting ID: 898 6355 6634

密码 Passcode: 1051

